

# *Additional Resources*

## VIDEOS AND OTHER EXAMPLES

- Head to the New Harbinger website, <http://www.newharbinger.com/44499>, for additional vignettes I've written to accompany this book that will help you test your knowledge of consent.
- Head to my website, <http://www.cherylbradshaw.com>, for information about online resources, the video-series course that accompanies this book, and speaking engagements on the topic of consent.
- There is an excellent four-video series by Planned Parenthood that can be found at this link on YouTube: <https://www.youtube.com/playlist?list=PL3xP1jlf1jgJRkChwVOlwQcV0-UqcWiFV>.

These videos are titled “How Do You Know If Someone Wants to Have Sex with You?”; “When Someone Definitely Wants to Have Sex”; “When Someone Isn’t Quite Sure If They Want to Have Sex”; and “When Someone Doesn’t Want to Have Sex: What Is Consent?”

They show short vignettes and conversations between partners that can help bring some of these examples to real life. Check them out!

## PROGRAMS AND SEXUAL ASSAULT PREVENTION TRAININGS

There are some excellent programs already out there that are getting some real and amazing results in helping people. Have a look at some of these resources:

- **“Flip the Script” (also known as EAAA)**, by Dr. Charlene Senn, is a twelve-hour evidence-based sexual assault resistance program for first-year female university students. <http://sarecentre.org>
- **SafeDates:** An evidence-based curriculum intervention to help prevent emotional, physical, and sexual abuse in teen relationships. <https://www.hazelden.org/web/public/safe-datesproduct.page>
- **Shifting Boundaries:** An evidence-based curriculum that aims to reduce dating violence and sexual harassment for teens. <https://preventipv.org/materials/shifting-boundaries>
- **Green Dot:** Curriculum and trainings separated by grades K–3, 6–8, 9–12, and for colleges and communities, aimed to reduce violence. <https://alteristic.org/services/green-dot/>
- **Coaching Boys Into Men (CBIM):** An evidence-based program that trains high school coaches to teach young male athletes healthy relationship skills and not to use violence.
- **Bringing in the Bystander:** An evidence-based workshop that helps increase awareness and motivate bystander intervention by people who may witness sexual assaults.

<https://cultureofrespect.org/program/bringing-in-the-bystander>

## SUPPORT FOR SEXUAL ASSAULT SURVIVORS

- **National Sexual Assault Hotline (US):** 1-800-656-HOPE. There is also an online chat available at <http://www.rainn.org>.
- **Love Is Respect.org (US):** Get support at 1-866-331-9474, or chat at [www.loveisrespect.org](http://www.loveisrespect.org), a resource to empower youth to prevent and end dating abuse. A project of the National Domestic Violence Hotline.
- **Kids Help Phone (Canada):** A 24/7 national service offering professional counseling, information, referrals, and volunteer-led, text-based support. Call 1-800-668-6868 or chat at <https://kidshelpphone.ca>
- **Rape Crisis England and Wales:** Search here to find your local help line or chat support. <https://rapecrisis.org.uk>

## BOOKS

- Domitrz, M. 2016. *Can I Kiss You? A Thought-Provoking Look at Relationships, Intimacy & Sexual Assault*. Milwaukee, WI: Awareness Publications.
- Lang, J. 2018. *Consent: The New Rules of Sex Education*. Emeryville, CA: Althea Press.
- Orenstein, P. 2016. *Girls & Sex: Navigating the Complicated New Landscape*. New York: HarperCollins.

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- Zaloom, S. 2019. *Sex, Teens, and Everything in Between: The New and Necessary Conversations Today's Teenagers Need to Have about Consent, Sexual Harassment, Healthy Relationships, Love, and More*. Naperville, IL: Sourcebooks.

## ARTICLES

Here are a few articles that expand on different ideas around consent that you may be interested in reading more about.

- Blair, J. 2016. "Women Do What They Need to Do to Survive." *Hazlitt*. <http://hazlitt.net/feature/women-do-what-they-need-do-survive>
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- Vrangalova, Z. 2016. "Everything You Need to Know About Consent That You Never Learned in Sex Ed: What It Looks Like, What It Sounds Like, How to Give It, and How to Get It." <https://www.teenvogue.com/story/consent-how-to>
- Wong, D. 2016. "7 Reasons So Many Guys Don't Understand Sexual Consent." *Cracked*. <http://www.cracked.com/blog/how-men-are-trained-to-think-sexual-assault-no-big-deal>

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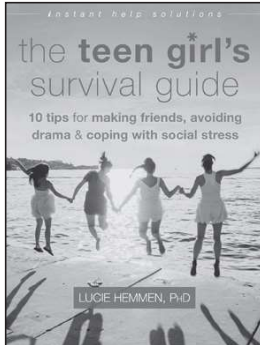
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Bradshaw resides in Hamilton, ON, Canada; with her husband, Andrew; their daughter; and their dogs, Baxter and Kiara. Find out more about her at [www.cherylmbradshaw.com](http://www.cherylmbradshaw.com), and on social media @cherylmbradshaw.

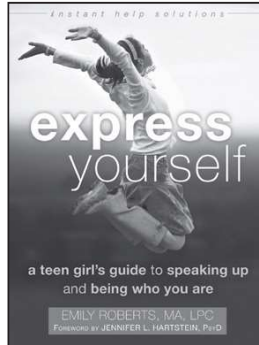
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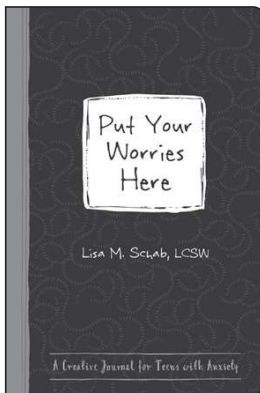
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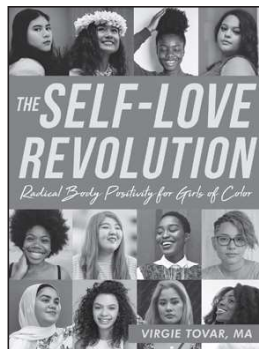
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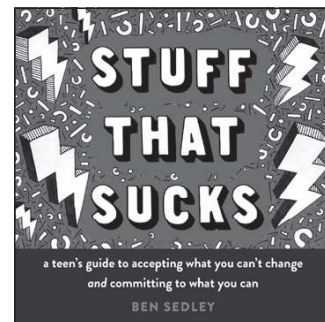
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